

# Laos Adventure - 12 days

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- **Itinerary Overview**
- **Includes & Excludes**
- **Detailed Itinerary**

## I. Itinerary Overview

*This tour is designed for those who like to be immersed in nature, enjoy wildlife observation and look forward to camping in the forest and cooking the forest products. You will also trek into several villages of the most prominent ethnic groups in Laos to explore local cultures in the most interesting ways!*

Day	Destination
Day 1	Vientiane arrival
Day 2	Vientiane > Tad Leuk > Camp Site 1
Day 3	Camp Site 1 > Camp Site 2
Day 4	Camp Site 2 > Ban Hoay Leuk > Vientiane
Day 5	Vientiane - Luang Prabang
Day 6	Luang Prabang > Ban Huay Lo > Ban Mok Chung
Day 7	Ban Mok Chung > Ban Nasavang
Day 8	Ban Nasavang > Ban Mok Mueng > Ban Houy Lueng
Day 9	Ban Houy Lueng > Ban Hadko
Day 10	Ban Hadko > Pak ou Caves > Ban Xang Hai > Luang Prabang
Day 11	Luang Prabang - Free day
Day 12	Luang Prabang departure

## II. Includes & Excludes

### **Inclusion:**

- Overnights in selected hotel/homestay/camp
- Local English speaking guides
- Entrance fees for sightseeing mentioned in the itinerary
- Excursions as mentioned in the itinerary
- Tours and transfers as mentioned, by air-conditioned vehicles
- Meals as indicated in the itinerary
- 1 domestic flight (Vientiane - Luang Prabang)

### **Exclusion:**

- Meals and services other than those noted in the itinerary
- Visas for Laos
- Laundry, telephone calls, and personal expenditures
- Gratuities for guides, drivers, porters, boat crew, and personal, non-itinerary services

## III. Detailed Itinerary

### **Day 1**      **Vientiane arrival**

Meet upon arrival, transfer and check-in at your hotel.

In the afternoon, visit Vat Sisaket, the only original temple in Vientiane (built in 1818 - it is the sole survivor of a Thai invasion in 1828), the Ho Phrakeo, the former Royal Chapel where an Emerald Buddha at the early time of the Lane Xang Kingdom was enshrined, the Patouxai and That Luang stupa. Overnight in Vientiane.

Meals: Dinner

Accommodation: Hotel in Vientiane

### **Day 2**      **Vientiane > Tad Leuk > Camp Site 1**

We will be transferred from Vientiane to the Tad Leuk waterfall in the Phou Khao Khouay National Protected Area. On arrival, we visit the permanent exhibit at the Tad Leuk Visitors' Centre.

After lunch at Tad Leuk, 4 hours of easy trekking takes us to the first Camp Site, a sandstone beach on the edge of the dry riverbed. The trail offers plenty of opportunities for bird spotting, tracing monkeys and other animals.

Approximately: 3 hours transfer & 4 hours trekking.

Meals: Breakfast/Lunch/Dinner

Accommodation: Camp Site 1

### Day 3 **Camp Site 1 > Camp Site 2**

After breakfast, a 6 hours walk with a steep but short climb takes us to the top of a waterfall, a great viewpoint over the surrounding canopy. Amidst clear bamboo and liana forest, a very large Burma Mahogany tree makes a spectacular landmark.

A picnic lunch will be prepared on the river bank.

We arrive to the second Camp Site in the early afternoon. During twilight, birds, monkeys and squirrels can be heard in the 40m high pine trees around the camp site.

Approximately: 5 hours trekking.

Meals: Breakfast/Lunch/Dinner

Accommodation: Camp site 2

### Day 4 **Camp Site 2 > Ban Hoay Leuk > Vientiane**

On our last day of trek, the trail sneaks through a very rich section of the old forest, known as a habitat for tigers and elephants. Our guides will be able to show you the traces of elephants from the damaged trees and bushes or even their footprints.

Lastly, we arrive at Ang Nam Leuk Reservoir where this area is known to be inhabited by the Siamese Crocodile! Our vehicle awaits to transfer us to Ban Hoay Leuk for lunch at our local guide's house.

We return to Vientiane in the late afternoon.

Meals: Breakfast/Lunch

Accommodation: Hotel in Vientiane.

### Day 5 **Vientiane - Luang Prabang**

Free till airport transfer for flight to Luang Prabang. Meet upon arrival at Luang Prabang airport, transfer and check-in at your hotel.

In the afternoon, National Museum (former King's Palace) displaying a collection of personal artifacts of the Royal Family. Continue to visit the nearby Vat Mai temple, which was the residence of a Buddhist patriarch before 1975, before climbing Phousi Hill for an outstanding view over the former Royal capital and the Mekong.

Meals: Breakfast

Accommodation: Hotel in Luang Prabang

### Day 6 **Luang Prabang > Ban Huay Lo > Ban Mok Chung**

The starting point of the trek is 40 km north of Luang Prabang in the Khmu-village of Ban Huay Lo which is located close to road 13. The trail passes through two Khmu & Hmong villages whilst

continuously gaining height. The first village we visit is Ban Pha Peung and the second Ban Mok Chung. Here you will learn more about Hmong culture as you spend the night in Ban Mok Chung with a local family which provides a truly amazing experience all of it's own.

Approximately: 1 hour transfer, 5 hours trekking

Meals: Breakfast/Lunch/Dinner

Accommodation: Homestay in Ban Mok Chung

## Day 7

### Ban Mok Chung > Ban Nasavang

On day two we continue on trekking into the rugged and densely forested mountains west of the Nam Ou valley. Here a trail leads us through remote and beautiful bamboo forests and stunning limestone scenery. We enjoy a picnic lunch in the jungle before carrying onwards to Ban Nasavang where we spend the night.

Approximately: 6 hours trekking

Meals: Breakfast/Lunch/Dinner

Accommodation: Homestay in Ban Nasanvan

## Day 8

### Ban Nasavang > Ban Mok Mueng > Ban Houy Lueng

After enjoying our breakfast we trek uphill for around one hour before reaching the jungle! Entering the jungle we continue on trekking for another two hours until arriving at Ban Mok Mueng village where we stop for lunch. After lunch we take a break before heading off trekking down hill for around three hours, along the way there are some truly fabulous views over the Nam Ou River and the surrounding valley. In the late afternoon we reach Ban Houy Lueng village which is where we stay the night with a local family in their house.

Approximately: 6-7 hours trekking

Meals: Breakfast/Lunch

Accommodation: Homestay in Ban Houy Lueng

## Day 9

### Ban Houy Lueng > Ban Hadko

After breakfast we start the day with some paddling instructions and practice in preparation for the first day of kayaking along the Nam Ou River. The first stretch along the river leads us south to some exciting sections of rapids! We paddle through five fun sections of rapids which are all of grade 1 to 2 which are suitable for beginners. After enjoying the rapids we continue through some calmer waters which gives a chance to experience the locals peoples way of life as you see them fishing and panning

for gold along the riverbanks. As we continue onwards the villages become more numerous and many vegetable plantations can be seen along the riverbanks. We carry on kayaking until arriving in Lao Leu village where we stay overnight with a local family.

Approximately: 1 hour transfer & 5 hours kayaking

Meals: Breakfast/Lunch/Dinner

Accommodation: Homestay in Lao Leu Village

## Day 10

### Ban Hadko > Pak ou Caves > Ban Xang Hai > Luang Prabang

After breakfast we continue on kayaking down the Nam Ou River. Along the way we pass the Eagle Rock and limestone cliffs before arriving at the holy Pak Ou Buddha Caves, here we enjoy lunch before exploring the caves which are home to thousands of Buddha statues! After taking some time to look around we continue on kayaking down the river. The kayaking ends at a small rice wine making village where you will be transferred back to Luang Prabang, along the way we make a short stop at Xang Khong village which is famous for its hand made Sa paper making.

Approximately: 1 hour driving & 5 hours kayaking

Meals: Breakfast/Lunch

Accommodation: Hotel in Luang Prabang

## Day 11

### Luang Prabang - Free day

Today, you are free to explore Luang Prabang heritage site.

Meals: Breakfast

Accommodation: Hotel in Luang Prabang

## Day 12

### Luang Prabang departure

Free and easy till transfer to the airport for your departure flight.

Meals: Breakfast

Accommodation: N/A